

Spring Thaw Duathlon #2

Preliminary Results

Sunday, April 30, 2006 2:34:00 PM

Division: 14-16 M

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	130	WISCHMANN, Erin	Spokane	12:30.9	28:24.6	14:08.800	55:04.3	55:04.3	0:00.0	
2	159	THOMPSON, Cody	Spokane	12:58.8	33:51.7	15:11.200	1:02:01.7	1:02:01.7	+6:57.4	
3	129	DEITZ, Caleb	Mead	13:55.1	34:40.5	15:10.000	1:03:45.6	1:03:45.6	+8:41.3	
4	131	CROOK, Keaton	Coeur d alene	15:23.8	32:44.0	17:18.200	1:05:26.0	1:05:26.0	+10:21.7	
5	163	TONNEMAKER, Ethan	Spokane	13:11.8	38:34.8	13:49.000	1:05:35.6	1:05:35.6	+10:31.3	

Division: 20-24 M

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	175	DEITZ, Jacob	Spokane	11:12.9	27:07.2	12:04.300	50:24.4	50:24.4	0:00.0	
2	183	SCHREMPP, Dan		11:56.5	27:42.5	13:28.700	53:07.7	53:07.7	+2:43.3	
3	180	BAND, Conrad	Spokane	12:54.3	27:25.4	13:52.000	54:11.7	54:11.7	+3:47.3	
4	169	GREENFIELD, Ben	Spokane	13:14.5	27:09.7	14:04.800	54:29.0	54:29.0	+4:04.6	
5	133	COGAR, Joshua	Spokane	15:20.6	40:34.9	16:50.400	1:12:45.9	1:12:45.9	+22:21.5	

Division: 25-29 M

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	157	MCGONIGAL, Keats	Spokane	12:14.1	25:56.4	13:30.500	51:41.0	51:41.0	0:00.0	
2	134	MEESE, Nathan	spokane	15:53.1	29:43.9	16:29.900	1:02:06.9	1:02:06.9	+10:25.9	

Division: 30-34 M

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	166	THOMPSON, Roger	Spokane	12:14.4	24:56.3	13:05.800	50:16.5	50:16.5	0:00.0	
2	165	BERGQUIST, Michael	Spokane	11:57.7	27:34.9	12:25.100	51:57.7	51:57.7	+1:41.2	
3	137	BRUNKOW, Corey	Tacoma	13:11.7		0:00.000	57:25.8	57:25.8	+7:09.3	
4	135	DAVIS, Wayne	Spokane	14:14.1	30:34.6	14:50.000	59:38.7	59:38.7	+9:22.2	
5	136	OLIVER, Steve	Mead	13:46.9	31:21.5	15:08.800	1:00:17.2	1:00:17.2	+10:00.7	

Division: 35-39 M

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	181	DEHART, Tom	Spokane	12:29.5	25:56.3	13:26.600	51:52.4	51:52.4	0:00.0	
2	140	NELSON, Troy	Spokane	12:59.2	28:09.9	13:45.600	54:54.7	54:54.7	+3:02.3	
3	139	RUPE, Steven	Colbert	14:04.1	28:09.5	15:31.200	57:44.8	57:44.8	+5:52.4	
4	158	THOMPSON, Colin	Spokane	14:09.1	29:04.1	15:10.800	58:24.0	58:24.0	+6:31.6	
5	170	PETERSON, Brett	Spokane	14:49.2	28:11.3	15:27.300	58:27.8	58:27.8	+6:35.4	
6	172	CANNON, Shawn	Spokane	14:21.5	30:06.0	15:10.200	59:37.7	59:37.7	+7:45.3	
7	138	SUTER, Paul	Spokane	14:38.8	30:31.4	15:14.900	1:00:25.1	1:00:25.1	+8:32.7	
8	177	SNYDDEN, Jerrod	Spokane	15:31.6	28:45.4	16:32.200	1:00:49.2	1:00:49.2	+8:56.8	
9	143	THOMPSON, Brian	Greenacres	14:51.0	29:51.3	16:43.700	1:01:26.0	1:01:26.0	+9:33.6	
10	141	CZECH, Aaron	Spokane	15:51.2	38:47.0	18:13.500	1:12:51.7	1:12:51.7	+20:59.3	
11	161	MITCHELL, Andrew	Spokane	23:09.0		0:00.000	1:28:10.8	1:28:10.8	+36:18.4	

* indicates adjustments applied, see last page for details

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Spring Thaw Duathlon #2

Division: 35-39 M Continued

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
12	142	PREUNINGER, Terry	Spokane		1:07:32.5	24:01.500	1:31:34.0	1:31:34.0	+39:41.6	

Division: 40-44 M

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	144	SHERWOOD, Rich	spokane	14:20.8	27:56.4	15:37.400	57:54.6	57:54.6	0:00.0	
2	145	NIVEN, Kurt	spokane	16:14.4	33:52.1	16:22.000	1:06:28.5	1:06:28.5	+8:33.9	

Division: 45-49 M

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	146	DEITZ, Craig	Mead	12:10.6	27:50.1	13:33.000	53:33.7	53:33.7	0:00.0	
2	147	HILL, Jerry	spokane	15:56.4	29:26.3	16:23.000	1:01:45.7	1:01:45.7	+8:12.0	
3	155	SHAW, Bobby	Spokane	15:47.0	39:38.6	17:48.800	1:13:14.4	1:13:14.4	+19:40.7	

Division: 50-54 M

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	150	MORGAN, David	colbert	17:49.5	36:27.4	19:32.500	1:13:49.4	1:13:49.4	0:00.0	
2	148	MCCUDDIN, Mason	Spokane	21:34.8	33:28.6	23:08.700	1:18:12.1	1:18:12.1	+4:22.7	
3	149	MOOTER, Paul	Spokane	19:13.3	43:58.0	21:16.900	1:24:28.2	1:24:28.2	+10:38.8	

Division: 55-59 M

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	151	HEIMBIGNER, Jon	Spokane	18:52.9	49:25.7	20:45.700	1:29:04.3	1:29:04.3	0:00.0	

Division: 60 & Over M

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	152	MASSIE, Robert	spokane	17:24.8	34:52.3	17:40.600	1:09:57.7	1:09:57.7	0:00.0	

Division: 14-16 F

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	167	MOLITOR, Denali	Spokane	15:10.4	34:20.9	17:21.800	1:06:53.1	1:06:53.1	0:00.0	
2	173	TYYNISMAA, Tatum	Spokane	16:32.0	33:28.9	18:44.900	1:08:45.8	1:08:45.8	+1:52.7	

Division: 20-24 F

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	176	KERRIGAN, Lorhn	Spokane	15:25.3	30:14.0	16:26.700	1:02:06.0	1:02:06.0	0:00.0	
2	164	BERGQUIST, Amanda	Spokane	15:54.4	32:56.8	16:03.500	1:04:54.7	1:04:54.7	+2:48.7	
3	182	WARD, Kathleen	Spokane	17:20.3	32:30.7	16:20.000	1:06:11.0	1:06:11.0	+4:05.0	
4	101	PIERCE, Tara	Spokane	18:59.4	40:51.3	21:48.900	1:21:39.6	1:21:39.6	+19:33.6	

Division: 25-29 F

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	156	WARNER, Annie	Spokane	13:19.3	27:09.2	13:40.700	54:09.2	54:09.2	0:00.0	
2	160	THOMPSON, Jesse	Spokane	16:09.2	31:37.6	17:32.900	1:05:19.7	1:05:19.7	+11:10.5	

* indicates adjustments applied, see last page for details

Spring Thaw Duathlon #2

Division: 25-29 F Continued

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
3	104	CAMERON, Frances	Rossland	18:01.0	36:21.3	19:03.100	1:13:25.4	1:13:25.4	+19:16.2	
4	102	DAVIS, Heather	Spokane Valley	17:44.3		0:00.000	1:17:27.8	1:17:27.8	+23:18.6	
5	106	YBARRA , Noelle	Spokane Valley	20:47.2	39:39.9	20:47.800	1:21:14.9	1:21:14.9	+27:05.7	
6	105	LIEZEN, Joene	Spokane	18:53.6	48:59.0	50:58.700	1:29:04.3	1:29:04.3	+34:55.1	
7	103	CUSHMAN, Lisa	Cheney	27:04.3	42:50.9	30:39.600	1:40:34.8	1:40:34.8	+46:25.6	

Division: 30-34 F

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	108	COTE, Phaedra	Spokane	15:57.8	30:38.4	17:19.600	1:03:55.8	1:03:55.8	0:00.0	
2	179	EARNHART, Angela	Spokane	17:18.8	34:43.5	17:39.400	1:09:41.7	1:09:41.7	+5:45.9	
3	111	SHEPHERD, Jennifer	Spokane	17:17.2	35:51.5	18:34.700	1:11:43.4	1:11:43.4	+7:47.6	
4	109	CHAPPELL, Pip	Rossland	19:33.9	37:32.5	20:31.400	1:17:37.8	1:17:37.8	+13:42.0	
5	110	BLEGEN, Stacey	Spokane Valley	19:24.6	40:20.7	20:09.900	1:19:55.2	1:19:55.2	+15:59.4	
6	107	BRANOM, Bev	Spokane	23:31.8	46:42.6	25:47.300	1:36:01.7	1:36:01.7	+32:05.9	

Division: 35-39 F

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	112	FLEMING, Anne	Spokane	15:53.0	30:03.8	17:57.900	1:03:54.7	1:03:54.7	0:00.0	
2	114	VESSER, Tia	Coeur d Alene	19:56.1	37:16.5	20:10.000	1:17:22.6	1:17:22.6	+13:27.9	
3	119	WALTON, Alison	Greenacres	18:38.0	44:46.0	20:28.800	1:23:52.8	1:23:52.8	+19:58.1	
4	116	HOCTOR, Donna	Spokane Valley	20:45.7	42:32.5	22:25.100	1:25:43.3	1:25:43.3	+21:48.6	
5	120	CHAFFIN, Kim	Colbert	20:45.3	40:50.6	24:14.200	1:25:50.1	1:25:50.1	+21:55.4	
6	118	EMTMAN, Teresa	Valleyford	19:45.4	45:19.3	21:39.900	1:26:44.6	1:26:44.6	+22:49.9	
7	121	PREUNINGER, Lori	Spokane	20:04.0	47:17.7	24:12.000	1:31:33.7	1:31:33.7	+27:39.0	
8	115	AXTELL, Jodi	Chattaroy	1:15:04.8		0:00.000	1:41:27.5	1:41:27.5	+37:32.8	
9	117	PERDUE, Kim	Colbert	20:49.7	55:45.2	36:35.300	1:53:10.2	1:53:10.2	+49:15.5	

Division: 40-44 F

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	154	MAUER, Julie	Spokane	17:02.0	33:49.9	17:27.700	1:08:19.6	1:08:19.6	0:00.0	
2	124	BROWNING, Kynda	Fairfield	19:08.4	38:52.6	21:00.800	1:19:01.8	1:19:01.8	+10:42.2	
3	171	CICARELLI, Colleen	Spokane	22:01.4	35:33.1	24:02.600	1:21:37.1	1:21:37.1	+13:17.5	
4	123	BOWERS, Sharon	Spokane	18:40.7	44:30.9	20:23.200	1:23:34.8	1:23:34.8	+15:15.2	
5	122	BACON-HORD, Kelly	Nine Mile Falls	23:08.6	51:56.6	24:32.900	1:39:38.1	1:39:38.1	+31:18.5	

Division: 45-49 F

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	162	TONNEMAKER, Sonia	Spokane	15:44.2	29:02.2	16:36.600	1:01:23.0	1:01:23.0	0:00.0	
2	126	ARMACOST, Cathy	Liberty Lake	17:57.0	33:44.5	18:20.200	1:10:01.7	1:10:01.7	+8:38.7	
3	125	BENNETT, Linda	Post Falls	18:00.5	33:35.3	19:01.300	1:10:37.1	1:10:37.1	+9:14.1	
4	174	BEST, Kathi	Spokane	18:26.2	35:29.9	20:08.600	1:14:04.7	1:14:04.7	+12:41.7	

Division: 50-54 F

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	128	UNDERWOOD, Sharon	Spokane	18:40.8	34:22.1	18:29.800	1:11:32.7	1:11:32.7	0:00.0	

* indicates adjustments applied, see last page for details

Spring Thaw Duathlon #2

Division: 50-54 F Continued

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
2	127	WIGLE, Pam	COEUR D ALENE	24:03.5	49:28.4	27:34.600	1:41:06.5	1:41:06.5	+29:33.8	

Division: Male Team

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	178	LINDER FERERA	Sean Linder, Manny Ferera	11:13.2	25:49.2	11:39.600	48:42.0	48:42.0	0:00.0	
2	168	PAIN DON T HURT	Jeff Davis, Mtch Wallace	16:37.8	36:13.2	17:36.200	1:10:27.2	1:10:27.2	+21:45.2	

Division: Female Team

PL	No	Name	Representing	Run	Bike	Run 2	Net Time	Total Time	Back	Pace
1	153	COOL CUP OF WATER	Sherri Urann, April Krieger, Sara Morehouse	10:58.5	40:33.9	14:57.000	1:15:29.4	1:15:29.4	0:00.0	

* indicates adjustments applied, see last page for details