

**Spokane Osteoporosis
Endocrine Associates**

-Downtown Site- 910 W. 5th Ave. #570

-North Site- 220 E. Rowan Ave. #170

-Spokane Valley Site-1005 N. Evergreen Rd. #010

ISCD Accreditation & Certification

www.SpokaneOsteoporosis.com

Lynn A. Kohlmeier, M.D.

**BONE DENSITY
& BODY COMPOSITION TESTING**

-Downtown Site- -North Site- -Spokane Valley Site-*

phone 509-777-5000; fax 509-777-0366

If form received, we will schedule.

NAME _____ AGE _____ INSURANCE: _____

PHONE NUMBER _____ PRIMARY CARE: _____

REFERRED BY: _____ DATE OF LAST BMD DXA TEST _____

Osteoporosis and fractures increase as the bone becomes thin and more fragile. The best way to determine your risk of breaking a bone is a Bone Mineral Density (BMD) DXA Test. BMD results are reviewed by Dr. Kohlmeier, who is an Osteoporosis specialist.

BMD by DXA is like an x-ray, no injections are needed and it is painless. A certified DXA technologist will perform the 10 to 15 minute test while you are lying on a padded table with all your clothes on. Try to avoid wearing pants with zippers, buttons or metal on them. The x-ray exposure is very low, similar to flying in an airplane.

REASONS/ICD-9 codes for BMD DXA TEST

- **OSTEOPOROSIS 733.0** ● **FRACTURE (after 40 y/o) Hip fem neck 733.14; Hip 733.15; Leg 733.16; Pelvis 733.19; Wrist 733.12; Vertebra/Spine 733.13; Unspecified 733.10; Stress fx: Tibia/Fibula 733.93, Metatarsal 733.94, Other 733.95**
 - **Low Bone Density (Osteopenia) by xray 733.10 -BMD 733.90**
 - **Steroid-use (prednisone, cortisone) E932.0** ● **Rheumatoid Arthritis 714.0**
 - **Vitamin D Deficiency 269.2**
- | | | | |
|----------------------------------|--------|-----------------------------------|-------|
| ● Cancer therapy agents | 989.89 | ● Chronic debility, Poor balance, | |
| Aromatase Inhibition Therapy | 174.9 | (Moderate-High Fall Risk) | 799.3 |
| Androgen Deprivation Therapy ADT | 624 | ● Kyphosis 737.41 (ht loss > 3") | |
| Immune suppression | E933.1 | ● Renal Failure | 585 |
| ● Estrogen deficiency | 256.3 | ● Renal Insufficiency | 593.9 |
| Decision regarding ET/HT | 627.2 | ● Kidney calcium stones | 592.0 |
| Synthetic ET substitutes | E932.2 | ● Liver disease | 573.8 |
| ● Low Testosterone in Men | 257.2 | ● Malabsorption syndromes | 579.8 |
| ● Hyperparathyroidism | 252.00 | ● Sprue or Celiac Disease | 579.1 |
| ● Anticonvulsant use | E936.3 | ● Anorexia / Bulemia | 307.1 |
| ● Multiple Myeloma | 203.00 | | |
| ● Hyperthyroidism | 242.90 | | |

**-North Site- is in the Inland Imaging Facility and also offers*
DXA -BODY COMPOSITION TESTING! Know your muscle mass and percent fat. Arms, legs and trunk results are reported separately. The test is \$75 at the time of service (insurance will not be billed). Two tests can be scheduled together or 6 months apart for \$125.

Phone: 509-777-5000

Fax 509-777-0366

Osteoporosis@comcast.net